

# Post-Operative Information Following Root Canal Treatment



- 1 Your root canal treatment is now completed. The canals have been cleansed and sealed and your body must have time to repair the damage that the original irritant produced.
- 2 It is normal for your tooth to be sore for at least 2-4 days and you may experience the most discomfort the third or fourth day following treatment.
- 3 Biting tenderness will normally persist for 2-3 weeks following treatment and will gradually resolve over time.
- 4 **We recommend you take 400mg ibuprofen (over the counter brand names: Advil, Motrin) every 4 hours for the first 2-3 days following treatment if you are not allergic to this medication. Please read product label and/or consult your physician. Take medication even if you are not experiencing discomfort, to take advantage of its anti-inflammatory benefit to assist healing of the ligament around your tooth.**
- 5 Rinse with warm salt water (1 teaspoon to 8oz warm water) 4-6 times daily for several days to help alleviate gum soreness.
- 6 Swelling or pain not controlled by ibuprofen is not normal and you should contact our office as you may require additional medication, such as an antibiotic or further treatment.
- 7 You may eat or drink following root canal treatment as soon as the numbness wears off. If a new filling, build-up or temporary was placed, be careful not to chew hard on the tooth until your general dentist restores it.
- 8 Please contact your general dentist regarding:
  - a. Protective crown restoration
  - b. Filling
  - c. Periodontal management
  - d. Continued dental care as recommended
- 9 We recommend that you return to your general dentist's office for periodic check-ups clinically and radiographically to determine the rate of healing of your endodontically treated tooth.
- 10 Feel free to call us at 918-481-6622 if you have any problems or questions. We are available 24/7. Please leave a detailed message and a call back number.